FROM THE PRINCIPAL’S OFFICE

Traffic Changes Update
What an amazing parent community we have here at SHPS! I would like to congratulate you all on your cooperation in regard to the traffic changes around our school and thank our parent volunteers who have been diligently supervising the 2 drop off and pick up zones in Moonbie Street and Junction Road. The new children’s crossing is working well and we have a brochure and map to hand out this week that will further clarify the changes. I would like to especially acknowledge the work of Kelly Johnstone and Jo Everett in designing all the documents relating to the traffic changes that can be found on our school website. I would also like to acknowledge the support of Ashfield Council in making these changes happen.

Stage 3 Camps
Year 6 students had a wonderful time at their camp last week. Reports from Aussie Bush Camp were highly complimentary in regard to our students’ behaviour and engagement in the activities provided. Well done Year 6! The Year 5 camp will be held next week at Kincumber and I know our Year 5 students are looking forward to the experience. I would like to thank the Year 5 and 6 teachers for giving up their family time to allow these camps to take place.

Parent Fun Night Out—Comedy for a Cause
Can I just refresh everyone’s mind about the Comedy night fundraiser to be held on Friday 22 May. It will be a fun night and more importantly, it is such an easy fundraiser for the school. If all the tickets are sold the school will raise over $12k without any effort or giving up any time (other than sitting back and being entertained). Fundraising is getting harder each year and the P&C has a number of commitments to fund this year, including paying off the new playing field. If you are intending to come and haven’t bought your ticket(s) yet please do and please encourage friends and family to do so too. Comedy for a Cause on Friday May 22nd @ 8pm at Canterbury Hurlstone Park RSL. Ticket Price: $35 http://www.trybooking.com/hcgm
This event is open to the general public so get in quick and invite your relatives and friends. Why not make a night of it and book in for dinner at the club before the show. http://www.chprsl.com.au/Dining. Please note this event is for parents, carers, friends and the general public and not intended for children.
Comedians include:
Headliner: Gary Eck (Rove, The Footy Show, Spicks and Specks, Tropfest Winner, Aria Nominee and writer of Happy Feet Two); Luke Heggie (National Raw Comedy Winner 2010; Time Out Sydney’s Best Comedian 2012; New York Comedy Festival); Joe Misfud (Comedy Court Grand Champion, Housos Live); John Cruckshank (Sydney Comedy Festival). Emcee: Mat Wakefield (Sydney Comedy Festival)

Rainbow Mufti Day
Next Thursday 21 May, 2015 SHPS will be proudly supporting 7 charities on Rainbow Day. These charities were chosen by each class through nominating their chosen charities. The seven charities to be supported on Rainbow Day are: Nepalese Earthquake Appeal, The Sydney Children’s Hospital, The Kids Cancer Project, The Starlight Foundation, Cystic Fibrosis NSW, Camp Quality and Animal Welfare League. On Rainbow Day the students are asked to be bright, cheery and colourful and bring a gold coin donation. This initiative has come from our SRC and supported by Ms Sue Bosler.

Year 3 Excursion
All Year 3 classes will be going on an excursion to the Bicentennial Park on Monday 18 May. Please ensure students are at school by 8.30am, wear full school uniform and have recess, lunch and drink.
**ANZAC DAY**
The NSW Public Schools Junior Singers Summer Hill Public School

The following students from Summer Hill Public School, Holly B 4DG and Saskia M 5JR were members of the prestigious NSW Public Schools Junior Singers who rehearse weekly at The Arts Unit studios in Lewisham. The choir was involved in an early morning Anzac Day ceremony on Saturday 25 April 2015 at the Bridge Street offices of the NSW Department of Education. The choir performed two pieces “Always Remember” and “Waltzing Matilda” which were warmly and enthusiastically received by the audience of ex-soldiers, senior department figures and family and friends. The students performed magnificently.

**SCIENCE NEWS**
Following the recent heavy rains, classes 4/5PC, 5SH, 5LW, 5SP, 5JR and 5TK participated in a science task called Bombs Away. The children were required to work in a group to design, test and make a device that would allow a charity bundle (in our case a water bomb) to survive a drop from the top storey of our school. As well as science principles, the children were working to develop their group co-operation skills. Great fun was had by all.

**CRUNCH & SIP**

Blueberries are little super fruit bombs of juiciness. They are rich in antioxidants and their benefits are said to outweigh all other berries combined! Kids love ‘em, so why not pack some for Crunch&Sip?

A few raw button mushrooms are a novel veg to take for Crunch&Sip. Make sure you wash and dry them before packing. You can team them with another crunchy vegetable so your child has contrasting veg in terms of taste and texture.

**Reminder for term 2 - Waste Free Wednesdays!**

You can support our school’s environmental initiatives by helping your child pack a Waste Free Lunchbox each Wednesday. Packing a waste free lunchbox is one small way that kids can make a big impact by reducing the amount of waste we send to landfills. Waste-free lunches are often cheaper and healthier too!


<table>
<thead>
<tr>
<th>AVOID:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shrink wrap</td>
</tr>
<tr>
<td>Foil wrap</td>
</tr>
<tr>
<td>Plastic bags</td>
</tr>
<tr>
<td>Snack packets</td>
</tr>
</tbody>
</table>

✓ Can you eat it?
✓ Can you refill or reuse it?
✓ Can you compost it?

If YES - you have a WASTE FREE LUNCH BOX!

**CANTEEN NEWS**
Reminder for PSSA Students to please mark their canteen lunch orders “PSSA” in order for the Canteen to have their lunches ready before sport.
P&C MEETING NEWS – HOW WE SPEND YOUR MONEY!

At our meeting on 28 April, the P&C’s financial position and objectives for 2015 were considered. We have approximately $30,000 in the bank and aim to raise at least $70,000 this year.

We want our financial standing, fundraising goals and all the different projects and programs which we support to be clear and understood by our school community. Decisions will be made in a consultative and transparent way, in accordance with our policies.

According to our Disbursements Policy, our expenditure is split between strategic or long-term projects (50%), committee and curriculum support (30%) and contingency and one-off applications (20%). If we raise $70,000 this year, $35,000, $21,000 and $14,000 will be allocated under each category respectively.

Last year we committed $60,000 towards the cost of upgrading the school playground and artificial turf, of which $30,000 will be paid this year. In previous years, we have contributed to key school improvements including electronic smart-boards, computers and laptops, playground equipment and the school music program. We are considering requests from the school to fund a roof over the library steps and replacement of the soft-fall under the play equipment. We continue to support the music program and hope to fund other initiatives for curriculum, sustainability, grounds and sport.

Our major fund raising event for the year is the Spring Fair. However, over recent years our revenue from the Fair has been declining. We welcome new members to the Fair Committee and look forward to hearing their plans for this year’s Fair at our next meeting on 19 May.

We are reviewing our Disbursements Policy and Sponsorship Policy, both of which can be found on the P&C page of the school website. As part of this review, we will consider whether we enter into clearly defined sponsorship arrangements with businesses for the Spring Fair.

We would like to thank Kelly Johnstone, Jo Everett and all of the volunteers for all their fantastic work in communicating the traffic changes around the school. Thank you also to Graham, Peter and Steve for again coordinating the Mother’s Day Breakfast last Friday morning. It was great to see so many dads and helpers on the morning.

We appreciate that busy parents can’t attend every event but your support directly benefits your children. We hope you come along to support the Gardening Bee on Saturday 16 May from 1pm and attend the Comedy Night 22 May. Our next meeting is on Tuesday 19 May at 8pm in the school library.

Gina Newling
Vice President

Summer Hill Public School Mothers Day Raffle 8th May 2015 The Winners!

1st Prize: The Golden Cup – The Drugstore
Winner: K Grennan
“I never win anything!”

2nd Prize: Custom Poster Print – PosterCandy
Winner: Fifita Cameron

3rd Prize: Hairdressing Voucher – Luke Kara Hair
Winner: Kya Bennett

4th Prize: Sweets Hamper – Summer Hill Sweets and Parent Contributions
Winner: Ms Chan

5th Prize: Clothing Voucher – Bacio Collection
Winner: K Ward

6th Prize: Clothing Voucher – Bacio Collection
Winner: Beate Yule

7th Prize: Skincare Voucher – Absolutely Fabulous
Winner: Gwillgm Hunt

8th Prize: Skincare Voucher – Absolutely Fabulous
Winner: Jo Tripodi

9th Prize: Flower Bouquet – Lucy’s Florist
Winner: Louise Bonid

TERM 2 GARDENING BEE

The P&C invites all parents, friends, children and relations to come along and get digging...mulching, weeding, watering - whatever you can do and whatever time you can spare. Our Term 2 Gardening Bee is on at the school on Saturday 16 May from 2 - 5pm. See you there.

Enquiries to Alex 0402 349 209
Featuring comedians from Sydney and Melbourne International Comedy Festival

In support of:
Summer Hill Public School

8pm - May 22
Canterbury Hurlstone Park RSL
20-26 Canterbury Road Hurlstone Park, NSW

Ticket Price: $35 http://www.trybooking.com/hcgm
comedycause@gmail.com - 0421 244 288
A great day was had by all. The weather was perfect for running and the new course designed by Mr Williams was scenic and tough.

The following results were recorded on the day-

<table>
<thead>
<tr>
<th>8/9 boys</th>
<th>8/9 girls</th>
<th>10 yrs boys</th>
<th>10 yrs girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Liam K 4BG</td>
<td>Claudia M 2MD</td>
<td>Joe S 4AW</td>
<td>Emma D 4/5PC</td>
</tr>
<tr>
<td>2. Samuel H 3BB</td>
<td>Pascale S 4AW</td>
<td>Max R 4/5PC</td>
<td>Claudia C 4/5PC</td>
</tr>
<tr>
<td>3. Lucas P 3WW</td>
<td>Laura M 4DG</td>
<td>George D 4/5PC</td>
<td>Isabella M 4AW</td>
</tr>
<tr>
<td>4. Justin B-T 4AW</td>
<td>Charlotte C 3WW</td>
<td>Blake H 5LW</td>
<td>Larissa T 4/5PC</td>
</tr>
<tr>
<td>5. Kaiki D 4DG</td>
<td>Doris L 4AW</td>
<td>Aaron H 5TK</td>
<td>Aurelia S 4DG</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>11 yrs boys</th>
<th>11 yrs girls</th>
<th>12/13 yrs boys</th>
<th>12/13 yrs girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Renato P 6SH</td>
<td>Emily S 6GB</td>
<td>Leo B-D 6BN</td>
<td>Ella H 6AW</td>
</tr>
<tr>
<td>2. Dexter S 6SP</td>
<td>Rose M 5LW</td>
<td>Jacob P 6AW</td>
<td>Emma K 6AW</td>
</tr>
<tr>
<td>3. Jack S 5SH</td>
<td>Emily W 5SH</td>
<td>Alfred T 6GB</td>
<td>Ava S 6BN</td>
</tr>
<tr>
<td>4. Zac M 5SP</td>
<td>Hanan D 4/5PC</td>
<td>Charlie B 6AW</td>
<td>Lauren R 6AW</td>
</tr>
<tr>
<td>5. Max R 5TK</td>
<td>Anna Z 6GB</td>
<td>Auri R-L 6SP</td>
<td>Eva G 6SH</td>
</tr>
</tbody>
</table>

FINAL CROSS COUNTRY RESULTS

1. BORDER
2. CAMPESE
3. FLEMMING
4. LEWIS

Congratulations to all who ran this very exhausting event. Please note that the top four finishers in each event will attend the Western Suburbs PSSA Zone Carnival to be held on May 20 at Majors Bay Reserve, Concord. Teachers accompanying the team will be Mrs Winters and Mrs Donnelly.

Training sessions have been organised as follows- Thursday May 7 at Yeo Park from 8am, Friday May 8 at the school from 8am, Thursday May 14 at Yeo Park from 8am, Friday May 15 at the school from 8am and Sunday May 17 at Majors Bay Reserve from 9am. Please contact Mr Kay if you have any questions.

Thank you to Miss Ma, Mr Williams and the PD/Health/PE Committee for their excellent organisation on the day.
**SPORT NEWS**

REMINDER FOR PSSA STUDENTS TO MARK THEIR CANTEEN LUNCH ORDERS “PSSA” IN ORDER TO RECEIVE THEIR LUNCH BEFORE SPORT.

**PSSA WINTER DRAW 2015**

<table>
<thead>
<tr>
<th>Round</th>
<th>Date</th>
<th>Boys Soccer</th>
<th>Netball</th>
<th>Touch</th>
<th>Girls Soccer</th>
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</thead>
<tbody>
<tr>
<td>4</td>
<td>15 May</td>
<td>Vs South Strathfield @ Queen Elizabeth 2, Concord</td>
<td>Cintra</td>
<td>Vs Strathfield South Blair</td>
<td>Vs Marie Bashir Hammond</td>
</tr>
<tr>
<td>5</td>
<td>22 May</td>
<td>Vs Concord West @ Greenlees Pk, Concord</td>
<td>Cintra</td>
<td>Bye</td>
<td>Vs Homebush West Hammond</td>
</tr>
<tr>
<td>6</td>
<td>29 May</td>
<td>Bye</td>
<td>Cintra</td>
<td>Vs Mortdale Blair</td>
<td>Vs Strathfield North Hammond</td>
</tr>
<tr>
<td>7</td>
<td>5 June</td>
<td>Vs Dobroyd Pk @ Queen Elizabeth Pk 1, Concord</td>
<td>Cintra</td>
<td>Vs Five Dock Blair</td>
<td>Vs Abbotsford Timbrell</td>
</tr>
<tr>
<td>8</td>
<td>12 June</td>
<td>Vs Croydon PS @ Henley Pk 2 Enfield</td>
<td>Cintra</td>
<td>Vs Burwood Blair</td>
<td>Vs Haberfield Ashfield</td>
</tr>
<tr>
<td>9</td>
<td>19 June</td>
<td>Vs Homebush PS @ Queen Elizabeth PK 1, Concord</td>
<td>Cintra</td>
<td>Vs Strathfield South Blair</td>
<td>Bye</td>
</tr>
<tr>
<td>10</td>
<td>26 June</td>
<td>Tba</td>
<td>Cintra</td>
<td>Bye</td>
<td>Vs Croydon Centenary</td>
</tr>
<tr>
<td>11</td>
<td>17 July</td>
<td>Tba</td>
<td>Cintra</td>
<td>Semi Finals Blair</td>
<td>Vs Mortdale Hammond</td>
</tr>
<tr>
<td>12</td>
<td>24 July</td>
<td>Tba</td>
<td>Cintra</td>
<td>Finals Blair</td>
<td>Vs Dobroyd Point Timbrell</td>
</tr>
<tr>
<td>13</td>
<td>31 July</td>
<td>Tba</td>
<td>Cintra</td>
<td>Semi Final Blair</td>
<td>Vs Burwood Hammond</td>
</tr>
<tr>
<td>14</td>
<td>7 Aug</td>
<td>Tba</td>
<td>Cintra</td>
<td>Finals Blair</td>
<td>Friendly Concord West Hammond</td>
</tr>
<tr>
<td>15 Semi</td>
<td>14 Aug</td>
<td>Henley</td>
<td>Cintra</td>
<td>Skill Development</td>
<td>Friendly Strathfield North Hammond</td>
</tr>
<tr>
<td>16 Finals</td>
<td>21 Aug</td>
<td>Henley</td>
<td>Cintra</td>
<td>Skill Development</td>
<td>Friendly Marie Bashir Hammond</td>
</tr>
<tr>
<td></td>
<td>28 Aug</td>
<td></td>
<td></td>
<td></td>
<td>Centenary Semi and final in the same day</td>
</tr>
</tbody>
</table>
MUSIC NEWS

EVENING CONCERTS - A CHANCE TO PERFORM!
Our school’s series of Evening Concerts are again coming up for 2015. These concerts are small, intimate evenings of music in our school hall and are a great chance for some of our ensembles, and also individuals, to perform in front of a friendly audience. We encourage a range of performances from very first pieces, right up to the most inspiring ambitious performances of seasoned musicians and tutors. Below are listed the dates and times for each concert. There will be some ensembles involved in each concert, but if you would like to participate and perform a solo or duet/trio, please list your item details and return the form to Ms Chan or Ms Sutherland.

The closing date for each concert is the Monday before the concert. Please note that you must be prepared and organise music and accompaniment if you need it. Please indicate if you would like help to find an accompanist.

To help get the evening started we encourage you to bring a plate of savoury or sweet food to share from 6pm to 6.30pm. Tea and coffee will be available.

All musicians required at 6pm. Concert commences at 6.30pm
Concert 1 – Thursday 21st May – Woodwind & Recorder – featuring Senior & Junior Recorder and Ukuleles
Concert 2 – Friday 29th May – Vocalist and Piano
Concert 3 – Thursday 4th June – Brass & Percussion – featuring Stage Band
Concert 4 – Thursday 11th June – Strings - featuring all the orchestras

The performance form can be downloaded from the school website.

Music Shirt
All members of the ensembles (except Training Band and Training Orchestra) wear a black music performance shirt with a specially designed logo when performing. The shirts have been introduced to give our ensembles an overall uniform appearance that is both tidy and pleasing to the eye. Students who were in Training Band or Training Orchestra last year or who are new to the music program will need to purchase a shirt.

The order form may be downloaded from the school website, please return the completed form with payment to the office. The shirt will be delivered to your child’s class.

For more Music news visit SHPS website - School Programs - Music

Notes From the Music Room

The first of our Music Evening concerts will be next Thursday 21st May, commencing at 6.30 pm. The Beginner and Advanced Recorder Groups and the Beginner and Advanced Ukulele Groups will be performing will be performing. All members of these ensembles are expected to attend.

At 6.15 pm
Recorders will meet in the Drama Room. Dress to impress!
Ukeleles will meet in the Music Room. Please wear colourful clothes with a fun accessory ie hat, ears, boa glasses etc

This is our first performance outing for the year, so looking forward to seeing you all there!
Donna Ross

CHESS NEWS

SHPS Chess teams got off to a good start last week, Wednesday May 6, soundly defeating three Trinity Grammar teams.
All players had their official team photo taken Friday, 10 May.
If you have an away game you will be leaving at 2:45 sharp. If you have a home game you should report to the library at 3pm. All players who have a Bye are welcome to come to the library as well where you will be placed in a practice match.
Pick-up areas – use them wisely!

Look out for our drop-off and pick-up areas on Moonbie Street and Junction Road clearly designated by new No Parking signage and our school fence banners. These areas provide a safe place for you to deliver and collect your children.

But, we need your help. These areas will only work effectively if we as a community observe the street signs, obey the road rules and do the right thing.

If you are unsure, please speak to one of our volunteer Marshals or visit our website for more information: www.summerhill-p.schooils.nsw.edu.au

Drive the block! Anticlockwise all the way...

- If your child isn’t where they should be at pick-up, don’t hover. Take a few extra minutes to go around the block.
- By circulating the school anticlockwise, you’ll help keep traffic flowing freely.
- Always pull up as far forward as possible in the drop-off and pick-up area to allow easy access for vehicles behind.
- Don’t park or leave your vehicle to look for your child. This is a major issue – not only is it illegal, but it blocks traffic flow in drop-off and pick-up areas.

Make a plan with your child

- Agree a safe waiting spot for your child.
- Consider your child’s class location. If they are coming from the other side of the school, perhaps agree to meet them a few minutes after the bell to allow them enough time to walk to your agreed pick-up spot.

The rules

- Please use the right area for your child:
  - Moonbie Street for K to 3
  - Junction Road for 4 to 6

If your children span across both drop-off and pick-up areas, the area for the youngest child should be used.

- STAY with your vehicle at all times. In fact, you must remain within three metres.
- You have only TWO MINUTES in school drop-off and pick-up areas before you need to move on. That’s the law.
- Always give way to pedestrians.
- Beware of the new Children’s Crossing on Moonbie Street near the front gate. Do not stop, drop-off or pick-up on or across the Children’s Crossing.

Safety tips

- Children should get in and out of the car on the kerb side of the road or ‘safety door’.
- NEVER, EVER double park at a drop-off or pick-up area.
- NEVER call children across the road – meet your children on the school side of the road.
- It only takes a few extra minutes to drive around the block, or to park your vehicle legally, even if it means walking further away from school.
School Zone Parking
What you need to know

Stay for 2 minutes and move on
• Remain within 3 metres of your vehicle
• Give way to pedestrians
Penalty: $173 + 2 Demerit Points*

NEW CHILDREN’S CROSSING
• STOP! LOOK! LISTEN! THINK!
• Limited teacher supervision
• Do not stop, overtake or turn on children’s crossing during school zone hours
Penalty: $415 + 2 Demerit Points*

Note that fines are subject to change without notice and current until 30 June, 2015. These penalties apply to offences in school zones during school zone hours.

Key
- NO STOPPING
- 15km/h
- Reserved for school
- Reserved for bus
- United parking

Drive the block!
Anticlockwise all the way...
• Circulate around the school anticlockwise to help keep traffic flowing freely
• Don’t hover or block traffic flow in drop-off and pick-up areas
• Always pull up as far forward as possible in drop-off and pick-up areas to allow easy access for vehicles behind
• If your child is at the end of the line, where they should be at pick up, take a few extra minutes to go around the block
DO YOU HAVE A CHILD DIAGNOSED WITH AD/HD?

ARE YOU LOOKING FOR POSITIVE STRATEGIES TO HELP MANAGE YOUR CHILD’S BEHAVIOUR?

Is your child between 6 and 12 years old?

You are invited FREE OF CHARGE to attend a well-known parenting program at Macquarie University

The program is part of an evaluation study and participants will be asked to:

- attend evening sessions
- fill in questionnaires (anonymously)

This study has been approved by the Ethics Committee at Macquarie University

For more information or to express interest in this study please contact:
Julie Chesterfield (Department of Psychology, Macquarie University)
E-mail: julie.chesterfield@students.mq.edu.au
Phone: 0412 414 114
Parents invited to take part in free AD/HD parenting program

A well-known parenting program will be offered free of charge to parents who have children diagnosed with AD/HD, in evening sessions during the third school term of 2015.

Hosted by Macquarie’s Department of Psychology to evaluate the program’s effectiveness, parents with diagnosed children between six and 12 years of age are invited to participate in five sessions with later follow up.

“We ran a similar program in 2013,” says lead researcher Julie Chesterfield, a registered psychologist and specialist teacher. “Our preliminary results suggest that when parents applied the strategies taught in the program, over a six month period, both the severity of their child’s problematic behaviour and parental stress levels were reduced.”

“Children with AD/HD generally have deficits with impulse control, which can be extremely frustrating and stressful for parents. Evaluating parenting techniques that reduce parental stress and increase parents’ ability to manage difficult behaviour in a positive manner is important to understanding which parenting strategies are effective in managing the behaviour of children with AD/HD,” says Chesterfield.

Chesterfield has had considerable experience as a classroom teacher and a learning support teacher in both public and private schools, and in private practice.

“There have been many instances where children diagnosed with AD/HD have been labelled ‘the naughty child’ and have been made to feel different from their peers and even isolated, which is very upsetting for the child and their parents. AD/HD behaviour can also be very disruptive to family life. Establishing which parenting techniques are effective is crucial to helping parents meet the challenges of raising a child with AD/HD,” Chesterfield says.

The program will be run over four evening sessions during the third school term, with an evening booster session four weeks later and anonymous follow-up questionnaires six months later. The program will be offered FREE OF CHARGE to eligible parents. If you would like to take part, or have further queries about this study, call Julie Chesterfield (Department of Psychology, Macquarie University) on 0412 414 114 or email julie.chesterfield@students.mq.edu.au and leave your phone number.

Media Contact:
T: +61 (2) 9850 6766 E: communications@mq.edu.au

A copy of this release will be available online at www.mq.edu.au/newsroom.