FROM THE PRINCIPAL’S OFFICE

School Plan and Annual School Report
The School Plan 2015-2017 and 2014 Annual School Report are now available on our school website. The School Plan outlines the 3 Strategic Directions that will guide our school’s teaching and learning, as well as professional development of staff and school initiatives over the next 3 years. This plan has been developed in collaboration with staff, students and parents. The Annual School Report for 2014 highlights our school’s achievements and NAPLAN reports.

Dropping off and Collecting Students
There is a growing number of students who are being dropped off to school before 8.45am or not collected on time in the afternoons. Staff are on duty for half an hour before school, and monitor the Junction Road and Moonbie Street Drop Off/Pick Up Zones for half an hour after school. Students should not be at school before 8.45am unless attending an extra curricular activity. If on an occasion a parent is running late to collect their child after school, please contact the office and we will keep your child in the office until you arrive to ensure their safety.

Music Concerts
Our first music concert was held last Thursday and was a great success. The Woodwind Evening Concert showcased our Junior and Advanced Ukelele Groups, Junior and Senior Recorders, Training Band bassoons and clarinets, Senior Band and Concert Band Woodwinds and many solo and duet performers. Congratulations to all our talented performers and to the Music teachers and tutors, as well as the Music Committee for their dedication and hard work. The remaining concerts will be held on the following dates:
- Concert 2 – Friday 29th May – Vocalist and Piano
- Concert 3 – Thursday 4th June - Brass & Percussion – featuring Stage Band
- Concert 4 – Thursday 11th June – Strings - featuring all the orchestras

There will be a Choir Rehearsal Breakfast at 8.15am on June 15th. All choir members required at 8am. Concert commences at 8.15am We will be serving tea, coffee and croissants etc.

National Sorry Day & National Reconciliation Week
National Sorry Day, 26 May 2015 acknowledges and raises awareness of the history and continued effect of the forced removal of Indigenous Australians. National Reconciliation Week, 27 May to 3 June 2015 is focusing on how Australians can better recognise each other and recognise the contributions, cultures and histories of Aboriginal and Torres Strait Islander people. Our Reconciliation assembly led by 6AW will be held on Friday 28 May at 9.30am. Parents are very welcome to attend.

Important Information Required for School
Sadly sometimes relationships break down and the court makes orders that change the contact parents can have with their children or the role they play in making decisions about their children’s education. These can be Family Court Orders or Apprehended Violence Orders. If this happens it is important that you provide the school with a copy of any court orders that could impact on your child’s education.
In the absence of any notification to the contrary, the school will assume that both parents continue to retain a shared and equal parental responsibility for their children and should be involved in making any decisions regarding their children’s education.
This means that the school will recognise that each parent has equal duties, obligations, responsibilities and opportunities in relation to matters involving the school.
If any changes occur in your family relationships which have the potential to impact on the relationship between the school and your family, please advise the school immediately and provide a copy of any court orders that may be obtained.
These orders will be stored securely and only accessed by staff who need to see them in order to plan for your children’s learning and support and related issues.

FROM THE PRINCIPAL’S OFFICE
From 2015, all Government and non-Government schools across Australia are required to participate annually in the Nationally Consistent Collection of Data on School Students with Disability (NCCD).

All Australian schools will collect data on their students who are receiving adjustments to meet additional learning and support needs in accordance with their obligations under the Disability Discrimination Act 1992 and Disability Standards for Education 2005. This data will be provided to the Australian Government to assist in the development of a consistent, national picture of the education needs of students with disability.

The data provided to the Australian Government by the NSW Department of Education and Communities is provided in such a way that it cannot be used to identify any individual student or school.


Privacy Protection

The NSW Department of Education and Communities follows the requirements of the Privacy and Personal Information Protection Act 1998 and the Health Records and Information Privacy Act 2002. Schools will collect, record, store and use data about individual students in line with these requirements. Data security and protection is a priority and students’ personal details will be kept confidential.

Under Clause 52 of the Commonwealth Australian Education Regulation 2013, data collected by the NSW Department of Education and Communities for the NCCD must be provided to the Australian Government Department of Education and Training. This includes the number of students at each level of education, the number in each category of disability and the number at each level of adjustment. The information is provided to the Commonwealth as a series of number sets that cannot be used to identify any individual student or school.

The Australian Government Department of Education and Training follows the requirements of the Commonwealth Privacy Act 1988 when handling any data provided by NSW Department of Education and Communities in connection with the national data collection. A privacy notice has been developed by the Australian Government to provide students, parents and carers with important privacy information in relation to the data collection. This notice is available on the department’s website at http://education.gov.au/notices

If you have any questions about the data collection please do not hesitate to contact Karen Shehata, Principal, Summer Hill Public School on 9797 8160.

**ENROLMENTS FOR SHPS 2016**

We are now taking expressions of interest from families with a child due to start Kindergarten in 2016. A parent information evening will be held in July for all interest parents who have registered their details with us.

An “Expression of Interest” form, with a copy of our Enrolment Policy is now available from our school office located near the Moonbie Street entrance. Any further queries please call or email as per details below.

Ph: (02) 9797 8160          Email: summerhill-p.school@det.nsw.edu.au

**OUTSTANDING ACCOUNTS FOR TERMS 1 AND 2**

Parents/Caregivers

Thank you to parents who have promptly paid term accounts on time. It greatly assists the school in paying resource suppliers and service providers.

Unfortunately there still are quite a few outstanding accounts and reminders have been posted out this week. Therefore we would request payment (of these outstanding accounts) be paid now as we are now preparing Term 3 Activities Statements.

Please note, if necessary, families can work out an instalment plan with the school – just contact the school manager on 9797 8160 to make an arrangement.

School Accounts
ZONE CROSS COUNTRY 20 MAY 2015

Congratulations to all our amazing runners who took part in the Zone Cross Country held at Major Bay Reserve last week. Despite the heat on the day, Summer Hill did a fantastic job coming third overall.

We placed first in three events. Claudia M from 2MD won the girls 8/9 race, Emily S from 6GB came first in the girls 11 year old event and Renato P from 6SH won the 11 year old boys race. Well done also to Ella H from 6AW who was 3rd in her 12/13 girls race. All these fantastic runners will be representing us in Region next month. The following students also did an amazing job and have been placed in reserve, Liam K (8/9 year boys), Claudia C (10 year girls), Leo B-D (12/13 year boys).

It was a delight to spend the day with all our Cross Country participants and wonderful to see so many parents and friends there to support our runners. The students had a great day participating and cheering each other towards the finish line! Well Done Summer Hill!
Thank you to everyone who attended our comedy fundraising evening at the Canterbury – Hurlstone Park RSL Club last Friday. What a fantastic evening! When we can come together socially as a school community and raise valuable funds for our school, we all benefit. Overall we sold around 230 tickets and raised approximately $7,000. Thank you to everyone who helped out on the night.

Year to date, we have raised around $23,000 which is a great start and keeps us on track to achieving our goal for 2015 of $70,000.

Our monthly meeting was held on 19 May at which we discussed updated drafts of our Sponsorship and Disbursement Policies. I encourage you to review these policies as they outline how we intend to manage sponsorship of P&C events and how we allocate all of the funds we raise. They are available on the website under P&C / Policies. We will discuss these further at our June meeting.

The music committee continues to be very active with two successful workshop weekends being recently held for the orchestras and bands. Thank you to all those involved in these weekends and for your ongoing support of our music program.

Thank you also to those who helped out at the gardening working bee on Saturday 16 May. Only a small number of volunteers made it along but their efforts resulted in removal of many weeds from the gardens.

Planning for the Spring Fair is progressing with new committee members bringing new ideas and enthusiasm. A new model is being considered to allow sponsorship of the Fair to cover costs and improve profitability, while maintaining the support and involvement of our school community in the day.

Keep the evening of Saturday 1 August free for our annual fundraising evening for parents, carers, friends and staff. More details to follow.

Our next meeting is on Tuesday 16 June at 7.30 pm.

Paul Gaukrodger
President

SCHOOL BANKING

IMPORTANT NOTE FOR SCHOOL BANKING

Deposits that where accepted on the 5/5/15 have a delay in processing and should show up on your statement on the 14/05/15.
We apologise for the delay.

Regards
School banking team.

Don’t forget this week is ....

WASTE-FREE WEDNESDAYS

Audit Week!!!
For your class’s chance to win the GOLDEN LUNCHBOX, remember to pack a waste-free lunchbox this Wednesday! Or include reusable containers with your canteen lunch order.

Once we have finished our counting, one Super Green class will be awarded the winners of the VERY GRAND...

GOLDEN LUNCHBOX!!!

To help you along your way, we have lots of great tips to see on our school website here:
MS FUNDRAISER UPDATE

Gwen M of 5SP recently completed her 24 hr swim to raise money for people living with MS.

Thank you to everyone who supported her.

Gwen and her relay team raised $11,009, and swam an incredible 72.2 km on the day.

PEF AWARD CEREMONY

THE NSW PUBLIC SCHOOLS JUNIOR SINGERS

The following students from Summer Hill Public School, Holly B 4DG, Saskia M 5JR and Alexandra P 4DG are members of the prestigious NSW Public Schools Junior Singers who rehearse weekly at The Arts Unit studios in Lewisham.

On Tuesday 19 May the NSW Public Schools Junior Singers took part in the Public Education Award ceremony held at the magnificent Sydney Town Hall. The choir performed a newly commissioned Anzac piece by Australian composer Gordon Hamilton called “An Empire’s Message”. In a couple of weeks the choir will be recording this piece and two other Anzac songs at Studio 301 with a full symphonic accompaniment.

The choir also participated in the finale performing the song “Happy” – see photo.

RAINFOREST MUFTI DAY

FUNDS RAISED

Last Thursday 21 May Summer Hill Public School was awash in colour. The students were asked to donate an gold coin on the day.

An amazing $1865.25 was raised.

The funds will be divided between the following charities.

- Nepalese Earthquake Appeal
- The Sydney Childrens Hospital
- The Kids Cancer Project
- The Starlight Foundation
- Cystic Fibrosis NSW
- Camp Quality
- Animal Welfare League

Thank you SRC and Ms Bosler for organizing the day.

CHOIR BREAKFAST

MONDAY 15 JUNE 2015

On Monday 15 June, the Intermediate and Senior Choirs will be holding a breakfast at 8am in the hall. It is a great opportunity for parents to come and see both a rehearsal and performance while enjoying breakfast.

It is $5 for parents and $2 for any siblings.

If you can help by baking some nut free muffins please advise Shelagh Doyle on stevshel@bigpond.com

The Music Support Group

Gillian Bale, Rebecca Salter, and Sarah Phillips.

CHESS NEWS

There are two upcoming tournaments that SHPS would like its players to attend.

The first is on June 11th in Croydon, and we are only sending K-3 players.


The second is near Menai on the 22nd of June and we are sending any K-6 players who wish to compete.


Please go to https://www.sydneyacademyofchess.com.au/ to register and pay for your child.

If you have a moment, stop by the chess bulletin board in our library to check out the recently taken chess team photos!
## Winter PSSA Draw

Please note Girls Soccer Draw has been revised

<table>
<thead>
<tr>
<th>Round</th>
<th>Date</th>
<th>Boys Soccer</th>
<th>Netball</th>
<th>Touch</th>
<th>Girls Soccer</th>
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<tbody>
<tr>
<td>6</td>
<td>29 May</td>
<td>Bye</td>
<td>Cintra</td>
<td>Vs Mortdale Blair</td>
<td>Vs Abbottsford Timbrell</td>
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<tr>
<td>7</td>
<td>5 June</td>
<td>Vs Dobroyd Pk @ Queen Elizabeth Pk 1 Concord</td>
<td>Cintra</td>
<td>Vs Five Dock Blair</td>
<td>Vs Concord West Hammond</td>
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<td>8</td>
<td>12 June</td>
<td>Vs Croydon PS @ Henley Pk 2 Enfield</td>
<td>Cintra</td>
<td>Vs Burwood Blair</td>
<td>Vs Dobroyd Pt Timbrell</td>
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<tr>
<td>9</td>
<td>19 June</td>
<td>Vs Homebush PS @ Queen Elizabeth Pk 1, Concord</td>
<td>Cintra</td>
<td>Vs Strathfield South Blair</td>
<td>Vs Strathfield North Hammond</td>
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<td>10</td>
<td>26 June</td>
<td>Tba</td>
<td>Cintra</td>
<td>Bye</td>
<td>Vs Mortlake Hammond</td>
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<td>11</td>
<td>17 July</td>
<td>Tba</td>
<td>Cintra</td>
<td>Semi Finals Blair</td>
<td>Vs Abbottsford Hammond</td>
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<td>12</td>
<td>24 July</td>
<td>Tba</td>
<td>Cintra</td>
<td>Finals Blair</td>
<td>Vs Concord West Hammond</td>
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<td>13</td>
<td>31 July</td>
<td>Tba</td>
<td>Cintra</td>
<td>Semi Final Blair</td>
<td>TBA</td>
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<td>14</td>
<td>7 Aug</td>
<td>Tba</td>
<td>Cintra</td>
<td>Finals Blair</td>
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<td>15 Semi</td>
<td>14 Aug</td>
<td>Henley</td>
<td>Cintra</td>
<td>Skill Development</td>
<td>TBA</td>
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<td>16 Finals</td>
<td>21 Aug</td>
<td>Henley</td>
<td>Cintra</td>
<td>Skill Development</td>
<td>TBA</td>
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<td>17</td>
<td>28 Aug</td>
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<td>Centenary Semi and final in the same day</td>
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### P.S.S.A - Senior Boys Football Report

Summer Hill Public School vs Haberfield Public School 4-2

The Summer Hill Seniors played well against what could be the hardest team in the PSSA. The first goal came from Jack Smiles (Year 5) with a half-volley to set Summer Hill ahead early. We scored twice more - Jack Smiles scoring again and Jacob Palamidas scoring a lobbed goal. The opposition slipped through the team and scored twice in between Jacob (Year 6) and Jack’s goals. Halftime. 3-2. The second half was a little more calmed down and SHPS took control of the game once again and Eddie (Year 5) scored. At the end of the match everyone had enjoyed the match and had a good day. The end of the match score was 4-2 Summer Hill’s way.

by Luke R.
MUSIC NEWS

EVENING CONCERTS - A CHANCE TO PERFORM!
Our school’s series of Evening Concerts are again coming up for 2015. These concerts are small, intimate evenings of music in our school hall and are a great chance for some of our ensembles, and also individuals, to perform in front of a friendly audience. We encourage a range of performances from very first pieces, right up to the most inspiring ambitious performances of seasoned musicians and tutors. Below are listed the dates and times for each concert. There will be some ensembles involved in each concert, but if you would like to participate and perform a solo or duet/trio, please list your item details and return the form to Ms Chan or Ms Sutherland.

The closing date for each concert is the Monday before the concert. Please note that you must be prepared and organise music and accompaniment if you need it. Please indicate if you would like help to find an accompanist.

To help get the evening started we encourage you to bring a plate of savoury or sweet food to share from 6pm to 6.30pm. Tea and coffee will be available.

All musicians required at 6pm. Concert commences at 6.30pm
Concert 2 – Friday 29th May – Vocalist and Piano
Concert 3 – Thursday 4th June - Brass & Percussion – featuring Stage Band
Concert 4 – Thursday 11th June – Strings - featuring all the orchestras

The performance form can be downloaded from the school website.

Music Shirt
All members of the ensembles (except Training Band and Training Orchestra) wear a black music performance shirt with a specially designed logo when performing. The shirts have been introduced to give our ensembles an overall uniform appearance that is both tidy and pleasing to the eye. Students who were in Training Band or Training Orchestra last year or who are new to the music program will need to purchase a shirt.

The order form may be downloaded from the school website, please return the completed form with payment to the office. The shirt will be delivered to your child’s class.

For more Music news visit SHPS website - School Programs - Music

PAPER PLANES CHALLENGE

Dear students and families,

To celebrate the excitement that has been building about the movie and the learning about flight that many classes are doing and the folding of Paper Planes themselves, the Summer Hill 2015 leadership prefect team will be holding a PAPER PLANE flying competition in our school hall at 9.15am on Thursday and Friday mornings from the 4th June to 19th.

Ask your teacher which time slot will be for your class.

All students are eligible to enter this competition. To do so you need to bring a $2 coin and give it to their class teacher ON TUES 2nd or WED 3rd JUNE, for each event that you would like to enter: eg: furthest distance and longest air time.

This money will be used by Year six to buy a present for the school after they research the needs of our staff and student body.

You will need to carefully read the attached rule guide if you wish to participate.

Qualifiers in either of the categories may choose to then go ONLINE and register for the inaugural Young Scientist Paper Plane Challenge at The University of Sydney Open Day, on Saturday 29th August. Open to all NSW school students this is promising to be a most exciting and popular event. To add to this excitement, Dylan Parker and James Norton will be assisting in the organising and running of the Young Scientist Paper Plane Challenge. The popular Australian movie Paper Planes was based on Dylan and James’ amazing exploits that saw them representing Australia at the 2009 World Paper Plane Championships in Austria.

PLEASE NOTE: If you are a qualifier you will need to add the Deputy Principal’s name to your online enrolment:
Ms J Williams, ph: 9797-8160

Looking forward to inventing, folding, flying, fund raising and competing with you all,

The 2015 Leaders at Summer Hill Public School
PAPER PLANES CHALLENGE

Rules to be followed for holding school events
To be eligible to qualify for the 2015 Young Scientist Paper Plane Challenge or the Regional High Flyers competition, school events and individual qualifying throws must be conducted following each of these rules.

These rules are a modification of the Red Bull Paper Wings International Rules.
All events should preferably be held indoors or in an outdoor location where the wind speed is at most gentle.
Paper planes must only be constructed out of one piece of paper: standard 80 g/m² paper, A4 format (297×210mm).
The sheet must be modified by folding only! No ripping, gluing, cutting, stapling or ballasting is allowed!
Paper planes have to be built on site with the provided official paper.
Two trials per participant are allowed. Different planes can be used, the better attempt counts.
An adult (teacher, parent or other) must be present to verify any qualifying throw and their contact details must be included in the online registration.
In events where multiple students throw at the same time, a re-throw is permitted if two or more planes come into contact.

Furthest Distance Event
The student is allowed to have a run-up.
The aircraft must be launched by one student throwing the aircraft unaided from behind a straight launch line marked on the floor. Touching the launch line or any point beyond during the launch, leads to an invalid attempt. The thrower may move beyond the launch line, after the paper plane hits the ground or any object.
Two trials per student are allowed. Different planes can be used, the better attempt counts.
The longest distance has to be measured with a standardised tape measure or laser / video facility.
The distance is recorded to the first point where the paper plane hits the ground or any object.
Distances need to be recorded in metres, preferably to 2 decimal places e.g. 13.72 m.

Longest Airtime Event
The aircraft must be launched by one student throwing the aircraft unaided from a reasonably static position. The participant needs to have at least one foot on the ground when the plane is released.
A run-up or fast walk as part of the launch is not permitted, nor the use of ramps or like devices.
Two trials per participant are allowed. Different planes can be used, the better attempt counts.
A timing device that measures to tenths or hundredths of seconds is required.
Decisive for measurement are the moments when the paper plane leaves the hand and first time hits the ground or any object.
Results are counted in tenths or hundredths of seconds.

CRUNCH & SIP
Did you know the smaller the pod of the snow pea the sweeter it will taste? Snow peas can be washed and eaten raw so pop them in your child’s bag for Crunch & Sip.

Children are more likely to enjoy their Crunch & Sip if their produce is fresh and delicious. Choose fruit and veg that are currently in season and that feel firm, smell nice and look appealing.
Pick-up areas – use them wisely!

Look out for our drop-off and pick-up areas on Moonbie Street and Junction Road clearly designated by new No Parking signage and our school fence banners. These areas provide a safe place for you to deliver and collect your children.

But, we need your help. These areas will only work effectively if we as a community observe the street signs, obey the road rules and do the right thing.

If you are unsure, please speak to one of our volunteer Marshals or visit our website for more information: www.summerhill-p.schools.nsw.edu.au

Drive the block! Anticlockwise all the way...

- If your child isn’t where they should be at pick-up, don’t hover. Take a few extra minutes to go around the block.
- By circulating the school anticlockwise, you’ll help keep traffic flowing freely.
- Always pull up as far forward as possible in the drop-off and pick-up area to allow easy access for vehicles behind.
- Don’t park or leave your vehicle to look for your child. This is a major issue – not only is it illegal, but it blocks traffic flow in drop-off and pick-up areas.

Make a plan with your child

- Agree a safe waiting spot for your child.
- Consider your child’s class location. If they are coming from the other side of the school, perhaps agree to meet them a few minutes after the bell to allow them enough time to walk to your agreed pick-up spot.

The rules

- Please use the right area for your child:
  - Moonbie Street for K to 3
  - Junction Road for 4 to 6

  If your children span across both drop-off and pick-up areas, the area for the youngest child should be used.
- STAY with your vehicle at all times. In fact, you must remain within three metres.
- You have only TWO MINUTES in school drop-off and pick-up areas before you need to move on. That’s the law.
- Always give way to pedestrians.
- Beware of the new Children’s Crossing on Moonbie Street near the front gate. Do not stop, drop-off or pick-up on or across the Children’s Crossing.

Safety tips

- Children should get in and out of the car on the kerbside of the road or ‘safety door’.
- NEVER EVER double park at a drop-off or pick-up area.
- NEVER call children across the road – meet your children on the school side of the road.
- It only takes a few extra minutes to drive around the block, or to park your vehicle legally, even if it means walking further away from school.
WORLD EDUCATION PROGRAM

Are You Interested In Different Cultures?
World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2015. Hosting exchange students gives Australian families the opportunity to share their life and their culture with young international students for a term, semester or year. July is fast approaching and our students can’t wait to hear from a welcoming host family they can call their own and learn about the place they will soon call home.

Meet Our Students:

Armelle (17) from Belgium loves sports! She tells us that she dances twice a week, participates in a fitness class on Wednesdays and is beginning gymnastics classes. She also goes to scouts with her friends on Saturday mornings. Armelle is looking forward to discovering Australia, seeing the new landscapes and speaking English with her new host family!

Gianni (17) from Italy has a wide range of interests and hobbies. He tells us that he is interested in sports, especially martial arts and basketball. He also likes to collect fossils, model airplanes, is passionate about history and travel and is very excited about being able to share his culture and learn about Australia.

Hosting Is Fun! Request Student Profiles!
Getting to know your student before he or she arrives brings fun and joy to everyone involved. To help you make this important decision, contact WEP today on 1300 884 733, info@wep.org.au or www.wep.org.au to receive a full information pack for your family.

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in July 2015 for their 3, 5 or 10 month programs.

Our international exchange students from France, Germany, Italy, Spain, Switzerland, Sweden, Norway, Denmark, and Finland will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange.

Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501. Request our international student profiles, and capture the spirit of family and friendship!
Behaviour Management Strategies
for Parents, Teachers & Health Professionals

Presented by Andrew Greenfield
Child & Educational Psychologist
Tuesday 16th June 2015

www.ldc.org.au

VENUE:
Auditorium, Parramatta Leagues Club
13-15 O’Connell St, Parramatta

TIME:
Registration 9.30am,
Seminar (with question time) 10am-12pm

PARKING:
Free parking at the Club

COST:
Seminar Payment Only
$30 Seminar - LDC Member
$65 Seminar - Non LDC member

Seminar & Membership Offer
$60 Seminar entry & NEW Individual m’ship (until 31 May 2016)
$75 Seminar entry & NEW School m’ship (until 31 May 2016)

In this seminar Andrew will discuss specific, practical and common
sense strategies to assist parents and teachers with behaviour
management. These strategies will be useful for managing every day
struggles for parents of children and teenagers with behavioural
issues. Andrew will also present classroom strategies to assist
teachers who have students with behaviour problems associated
with learning and developmental issues such as intellectual disability,
ASD and ADHD. Andrew enjoys answering questions from parents
and teachers and will endeavour to make the seminar as interactive
as possible.

Name: ____________________________ School Name (if applicable): ____________________________
Address: ____________________________ Suburb: ____________________________ Post Code: ____________________________
Ph: ____________________________ Email (PRINT CLEARLY): ____________________________

Payment type (please tick)  GST FREE  TAX INVOICE  ABN 93 046 401 929  FAX: 9689 2871
☐ Paypay OR credit card (go to www.ldc.org.au)
☐ Cheque/Money order (Made out to “Learning Difficulties Coalition”)
Post to: LDC Office, PO Box 140, Westmead, 2145
☐ Direct Deposit (St George Bank, BSB 112 879, AVC No: 044 050 245

Please insert your surname as the reference to verify payment

Payment amount (please tick)
Seminar Payment
☐ $30 Seminar entry LDC Member
☐ $65 Seminar entry Non LDC Member

Seminar & Membership Offer
☐ $60 Seminar entry & NEW Individual membership (until 31 May 2016)
☐ $75 Seminar entry & NEW School membership (until 31 May 2016)

Refund of fees, less 30% administration, will be available up to 14 days prior to conference commencement. No cancellations accepted
later than 14 days to conference. Substitute delegates welcomed at no extra charge.
DO YOU HAVE A CHILD DIAGNOSED WITH AD/HD?

ARE YOU LOOKING FOR POSITIVE STRATEGIES TO HELP MANAGE YOUR CHILD’S BEHAVIOUR?

Is your child between 6 and 12 years old?

You are invited FREE OF CHARGE to attend a well-known parenting program at Macquarie University.

The program is part of an evaluation study and participants will be asked to:

- attend evening sessions
- fill in questionnaires (anonymously)

This study has been approved by the Ethics Committee at Macquarie University.

For more information or to express interest in this study please contact:
Julie Chesterfield (Department of Psychology, Macquarie University)
E-mail: julie.chesterfield@students.mq.edu.au
Phone: 0412 414 114
Parents invited to take part in free AD/HD parenting program

A well-known parenting program will be offered free of charge to parents who have children diagnosed with AD/HD, in evening sessions during the third school term of 2015.

Hosted by Macquarie’s Department of Psychology to evaluate the program’s effectiveness, parents with diagnosed children between six and 12 years of age are invited to participate in five sessions with later follow up.

“We ran a similar program in 2013,” says lead researcher Julie Chesterfield, a registered psychologist and specialist teacher. “Our preliminary results suggest that when parents applied the strategies taught in the program, over a six month period, both the severity of their child’s problematic behaviour and parental stress levels were reduced.”

“Children with AD/HD generally have deficits with impulse control, which can be extremely frustrating and stressful for parents. Evaluating parenting techniques that reduce parental stress and increase parents’ ability to manage difficult behaviour in a positive manner is important to understanding which parenting strategies are effective in managing the behaviour of children with AD/HD,” says Chesterfield.

Chesterfield has had considerable experience as a classroom teacher and a learning support teacher in both public and private schools, and in private practice.

“There have been many instances where children diagnosed with AD/HD have been labelled ‘the naughty child’ and have been made to feel different from their peers and even isolated, which is very upsetting for the child and their parents. AD/HD behaviour can also be very disruptive to family life. Establishing which parenting techniques are effective is crucial to helping parents meet the challenges of raising a child with AD/HD,” Chesterfield says.

The program will be run over four evening sessions during the third school term, with an evening booster session four weeks later and anonymous follow-up questionnaires six months later. The program will be offered FREE OF CHARGE to eligible parents. If you would like to take part, or have further queries about this study, call Julie Chesterfield (Department of Psychology, Macquarie University) on 0412 414 114 or email julie.chesterfield@students.mq.edu.au and leave your phone number.

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